



GET INVOLVED

Join us at one of our monthly Coalition Meetings.

**First Wednesday of each month
3:30 PM - 5:00 PM
1850 Walnut St., Bldg G
Antelope Creek Room
Red Bluff, CA.**

Participate in a work group.
Work groups help plan specific activities and meet as needed.



RESOURCES

**Tehama County Health Services Agency
Drug & Alcohol Division
(530) 527-7893**

**Tehama County Department of Education
Student Support Services
(530) 528-7380**

**2-1-1 Tehama
211norcal.org/tehama**

**SAMHSA National Drug Information & Treatment Referral Hotline
1 (800) 662-HELP (4357)**



**Tehama County Drug-Free Community Coalition
1135 Lincoln St.
Red Bluff, CA 96080
(530) 528-7356
uhinkston@tehamaschools.org**

Cynthia Cook, Program Director
Ulanda Hinkston, Project Coordinator



This brochure was developed in part under grant number 1H79SP020806-01 from the Office of National Drug Control Policy and the Substance Abuse and Mental Health Services Administration, U.S. Department of Health and Human Services. The views, policies, and opinions expressed are those of the authors and do not necessarily reflect those of ONDCP, SAMHSA or HHS.



Tehama County Drug-Free Community Coalition



WHO WE ARE

The Tehama County Drug-Free Community Coalition is a diverse group of community members whose goal is to engage and mobilize the community around the issue of youth substance abuse. The group is committed to creating a healthy, safe, drug-free environment for all county youth.

The Coalition is made of representatives from 12 different sectors of the community:

- Law enforcement
- Business
- Education
- Youth
- Religious/Fraternal Organizations
- Parents
- Civic/Volunteer Organizations
- Governmental Substance Abuse Organization
- Health Care
- Media
- Other Organization with Expertise in Substance Abuse
- Youth-serving Organization

45% of high school students will have tried marijuana before they graduate.

WHAT WE DO

The Coalition uses a variety of comprehensive, research-based strategies to inform and educate youth about the dangers of substance abuse. We also seek to change the environmental factors that affect substance abuse, including the availability and access to drugs and alcohol, enforcement of laws and regulations, and social norms.



INITIATIVES

Our current initiatives include:

- Public awareness campaigns
- Bi-annual surveys of youth trends
- Town Hall/Community Meetings
- Drug Prevention Education and Life Skills Training
- Marijuana Awareness Classes
- Mentoring
- Semi-annual Newsletter
- Trainings & presentations
- Red Ribbon Week observances
- Support for drug-free youth activities



Youth who start drinking before age 15 are 5 times more likely to develop alcohol problems than those who begin at 21 or older.